

### **Our Father**

*L/.* Our Father, Who art in Heaven, hallowed be Thy Name; Thy kingdom come; Thy will be done on earth as it is in Heaven.

*A/.* Give us this day our daily bread; and forgive us our trespasses, as we forgive those who trespass against us, and let us not fall in temptation, but deliver us from evil. Amen.

### **Hail Mary**

*L/.* Hail Mary, full of grace, the Lord is with Thee; blessed art Thou amongst women, and blessed is the fruit of Thy womb, Jesus.

*A/.* Holy Mary, Mother of God and our Mother, pray for us sinners, now and at the hour of our death. Amen.

### **Glory be**

*L/.* Glory be to the Father, glory be to the Son, glory be to the Holy Ghost.

*A/.* As it was in the beginning, is now and ever shall be, for ever and ever. Amen.

### **Hail Mary Most Pure**

*L/.* Hail Mary Most Pure,

*A/.* Conceived without sin.

## **Mysteries of the Holy Rosary**

Composed by Pope Saint  
Gregory XVII the Very Great

### **Method of praying the Rosary**

The Holy Penitential Rosary consists of five Mysteries. Each Mystery contains 10 complete Our Fathers: that is, 1 Our Father, 1 Hail Mary, 1 Glory be and 1 Hail Mary Most Pure on each bead of the decade.

Norms: the 1<sup>st</sup>, 3<sup>rd</sup> and 5<sup>th</sup> Mysteries, including the invocations, are led by one person, different for each mystery, and answered by all. The 2<sup>nd</sup> and 4<sup>th</sup> Mysteries, including the invocations, are led by all and answered by one, different for each mystery.

After the invocations at the end of the mystery, the hymn given is sung.

### **Holy Penitential Rosary**

*(Signing and blessing oneself)*

By the sign ✠ of the Holy Cross, from our ✠ enemies deliver us, O Lord ✠ our God.

In the name ✠ of the Father, and of the Son, and of the Holy Ghost. Amen.

### **Act of Contrition**

My Lord Jesus Christ, true God and true Man, my Creator, Father and Redeemer, because Thou art infinitely Good and because I love Thee above all things, (*strike breast twice*) I am sorry, O Lord, I am heartily sorry for having offended Thee. I firmly propose to amend my life, to sin no more and to avoid the occasions of sin; to confess my sins and to perform the penance imposed upon me. I offer Thee, O Lord, my life, my deeds and my works, in satisfaction for all my sins; and I beg pardon of Thee, trusting that Thou, in Thy infinite Goodness and Mercy, wilt forgive my sins through the merits of Thy Most Precious Blood, Thy Passion and Death; and also that Thou wilt grant me the grace of amendment and of perseverance in Thy holy service until the end of my life. Amen.

### **Sunday**

#### **First part of the Joyful Mysteries**

**First Mystery:** The Creation of the Most Divine Soul of Christ before all things.

10 complete Our Fathers.

*L/.* Lord, show us Thy Face,

*A/.* And we shall be saved.

*L/.* Our Crowned Mother of Palmar,

*A/.* Be our salvation.

***Hymn 1.***

Gloria y alabanza a la Trinidad:

Dios Único y Fuente de toda bondad.

Ave, ave, ave María,

Ave, ave, ave María.

**Second Mystery:** The Creation of the Divine Soul of Mary.

***Hymn 2.***

La Reina del Carmen del Cielo bajó,

al Palmar de Troya con gran resplandor.

Ave, ave, ave María,

Ave, ave, ave María.

**Third Mystery:** The Espousal of the Souls of Christ and Mary.

***Hymn 3.***

Su mano nos muestra la prenda ideal:

el Escapulario de la Santa Faz.

Ave, ave, ave María,

Ave, ave, ave María.

**Fourth Mystery:** The Immaculate Conception of the Divine Mary.

*Hymn 4.*

Tú quieres que sea lugar de oración  
 el suelo bendito de tu Aparición  
 Ave, ave, ave María,  
 Ave, ave, ave María.

**Fifth Mystery:** The Birth of the Divine Mary.

*Hymn 5.*

Ella ha prometido que en este Lugar,  
 se mostrará un día con gloria sin par.  
 Ave, ave, ave María,  
 Ave, ave, ave María.

**Monday**

**Second part of the Joyful Mysteries**

**First Mystery:** The Annunciation to the Most Holy Virgin Mary and the Incarnation of the Divine Word.

10 complete Our Fathers.

*L/. Lord, show us Thy Face,*

*A/.* And we shall be saved.

*L/.* Our Crowned Mother of Palmar,

*A/.* Be our salvation.

***Hymn 6.***

El Alma de Cristo pide con amor,  
los primeros lunes, su reparación.

Ave, ave, ave María,

Ave, ave, ave María.

**Second Mystery:** The Visitation of Our Lady to Her cousin  
Saint Elizabeth.

***Hymn 7.***

El Palmar, Señora, te rinde oblación,  
tu favor implora pidiendo perdón.

Ave, ave, ave María,

Ave, ave, ave María.

**Third Mystery:** The Birth of the Son of God.

***Hymn 8.***

El Santo Rosario nos mandas rezar,  
de nuestro adversario rinde la maldad.

Ave, ave, ave María,

Ave, ave, ave María.

**Fourth Mystery:** The Purification of Our Lady and the Presentation of the Child Jesus in the Temple.

*Hymn 9.*

Eres dulce Reina de la humanidad,  
Virgen Coronada, Madre del Palmar.  
Ave, ave, ave María,  
Ave, ave, ave María.

**Fifth Mystery:** The Child Jesus is found in the Temple.

*Hymn 10.*

Tu dulce mirada es fuego de amor,  
tu palabra eterna, luz de salvación.  
Ave, ave, ave María,  
Ave, ave, ave María.

**Tuesday**

**First part of the Sorrowful Mysteries**

**First Mystery:** The Most Precious Redeeming Blood of Jesus shed in the Circumcision.

10 complete Our Fathers.

*L/.* Lord, show us Thy Face,  
*A/.* And we shall be saved.

*L/.* Our Crowned Mother of Palmar,  
*A/.* Be our salvation.

*Hymn 11.*

Los primeros martes, repara a Jesús  
 su dulce Cabeza, que nos da la Luz.  
 Ave, ave, ave María,  
 Ave, ave, ave María.

**Second Mystery:** The Prayer and Agony of Our Lord Jesus  
 Christ in the Garden of Olives.

*Hymn 12.*

María es Doctora que enseña la fe,  
 y también Pastora del alma que cree.  
 Ave, ave, ave María,  
 Ave, ave, ave María.

**Third Mystery:** The Holy Face of Jesus vilely outraged by  
 the traitorous kiss of Judas Iscariot.

*Hymn 13.*

Del santo Concilio Maestra eres Tú.  
 ¡Siembra por el mundo su doctrina y luz!  
 Ave, ave, ave María,  
 Ave, ave, ave María.



**Fourth Mystery:** The bitter and sad desolation of Jesus when forsaken by His disciples.

*Hymn 14.*

María ha triunfado contra Satanás:  
 llevando la Iglesia de Cristo al Palmar.  
 Ave, ave, ave María,  
 Ave, ave, ave María.

**Fifth Mystery:** The Holy Face of Jesus is sacrilegiously defiled by the blow received before Annas.

*Hymn 15.*

Siempre los que sufren alivio tendrán,  
 favores y gracias de Ti alcanzarán.  
 Ave, ave, ave María,  
 Ave, ave, ave María.

**Wednesday**

**Second part of the Sorrowful Mysteries**

**First Mystery:** The Most Sacred Heart of Jesus is sublimely saddened by the three denials of Peter, Prince of the Apostles.

10 complete Our Fathers.

*L/.* Lord, show us Thy Face,

*A/.* And we shall be saved.

*L/.* Our Crowned Mother of Palmar,

*A/.* Be our salvation.

*Hymn 16.*

Las Llagas de Cristo hay que reparar,  
pues de Ellas nos vino la salud y paz.

Ave, ave, ave María,

Ave, ave, ave María.

**Second Mystery:** The Holy Face of Jesus is sacrilegiously insulted when spat upon by the chief priests.

*Hymn 17.*

La Virgen María, con celo y amor,  
desde este Lentisco nos conduce a Dios.

Ave, ave, ave María,

Ave, ave, ave María.

**Third Mystery:** Jesus, in the depths of His Most Divine Soul, bitterly feels the insults and mockery of Herod.

*Hymn 18.*

Es Pedro Tercero, el Papa Imperial,  
Vicario de Cristo y Heraldo leal.

Ave, ave, ave María,

Ave, ave, ave María.

**Fourth Mystery:** The scourging which the Son of God received tied to the pillar.

*Hymn 19.*

Es brava y gloriosa la Orden sin par,  
de los Carmelitas de la Santa Faz.

Ave, ave, ave María,  
Ave, ave, ave María.

**Fifth Mystery:** The Most Sacred Head of Jesus is crowned with thorns.

*Hymn 20.*

Un nuevo Rosario de reparación  
mandas que a diario se rece en unión.

Ave, ave, ave María,  
Ave, ave, ave María.

**Thursday**

**The Eucharistic Mysteries**

**First Mystery:** Jesus proves His love by instituting the Eucharist at the Last Supper.

10 complete Our Fathers.

*L/.* Lord, show us Thy Face,  
*A/.* And we shall be saved.

*L/.* Our Crowned Mother of Palmar,

*A/.* Be our salvation.

*Hymn 21.*

Los primeros jueves, da reparación  
a la Faz de Cristo, con la Comunion.

Ave, ave, ave María,

Ave, ave, ave María.

**Second Mystery:** The real, true and physical presence of  
Jesus in the Eucharist, in Body, Blood, Soul and Divinity.

*Hymn 22.*

Contempla y consueta la Divina Faz,  
pues Ella nos colma de felicidad.

Ave, ave, ave María,

Ave, ave, ave María.

**Third Mystery:** The real and true spiritual presence of Mary  
in the Eucharist, in Body, Blood and Soul.

*Hymn 23.*

A adorar venimos la Divina Faz,  
humildes pedimos nos dé dulce paz.

Ave, ave, ave María,

Ave, ave, ave María.

**Fourth Mystery:** The Eucharistic Hearts of Jesus and Mary making reparation to the Eternal Father and redeeming mankind.

*Hymn 24.*

A la Eucaristía, fuente del Amor,  
nos lleva María con gran devoción.

Ave, ave, ave María,  
Ave, ave, ave María.

**Fifth Mystery:** The perpetuation of the sublime Immolation of Jesus and Mary in the Holy Sacrifice of the Mass.

*Hymn 25.*

Dios en sus promesas es justo y leal,  
para los que cumplen con su Voluntad.

Ave, ave, ave María,  
Ave, ave, ave María.

**Friday**

**Third part of the Sorrowful Mysteries**

**First Mystery:** Jesus carries the Cross along the Way of Sorrows, up to Calvary.

10 complete Our Fathers.

*L/.* Lord, show us Thy Face,

*A/.* And we shall be saved.

*L/.* Our Crowned Mother of Palmar,

*A/.* Be our salvation.

***Hymn 26.***

Los primeros viernes, con la Comunión,  
repara a Cristo en su Corazón.

Ave, ave, ave María,

Ave, ave, ave María.

**Second Mystery:** The Crucifixion, the three hours of Agony  
and the majestic Death of Our Lord Jesus Christ.

***Hymn 27.***

Al Palmar acude con veneración;  
pues cada llamada es la voz de Dios.

Ave, ave, ave María,

Ave, ave, ave María.

**Third Mystery:** The right Side of Jesus is pierced by the  
lance of Longinus.

***Hymn 28.***

Con gran esperanza soporta tu cruz;  
pronto reinaremos con Cristo Jesús.

Ave, ave, ave María,

Ave, ave, ave María.

**Fourth Mystery:** The spiritual Death of Mary at the foot of the Cross on Calvary.

*Hymn 29.*

El agua bendita de tu pozo da  
salud en el cuerpo y en el alma paz.

Ave, ave, ave María,

Ave, ave, ave María.

**Fifth Mystery:** The Church is born of the Most Sacred and pierced Hearts of Jesus and Mary.

*Hymn 30.*

A Ti te entregamos todo nuestro ser,  
acoge, ¡oh Madre!, nuestro anhelo y fe.

Ave, ave, ave María,

Ave, ave, ave María.

**Saturday**

**The Glorious Mysteries**

**First Mystery:** The Triumphant Resurrection of the Son of God.

10 complete Our Fathers.

*L/.* Lord, show us Thy Face,

*A/.* And we shall be saved.

*L/.* Our Crowned Mother of Palmar,

*A/.* Be our salvation.

*Hymn 31.*

Con gran insistencia, la Madre de Dios  
pide que repares a su Corazón.

Ave, ave, ave María,

Ave, ave, ave María.

**Second Mystery:** The Admirable Ascension of the Son of God into Heaven.

*Hymn 32.*

Cubre con tu Manto nuestro corazón  
y así quede unido siempre a nuestro Dios.

Ave, ave, ave María,

Ave, ave, ave María.

**Third Mystery:** The descent of the Holy Ghost upon the Apostolic College, in the presence of the Most Holy Virgin Mary.

*Hymn 33.*

Tu Templo proclama tu gloria y honor,  
y santo es el Papa que te coronó.

Ave, ave, ave María,

Ave, ave, ave María.



**Fourth Mystery:** The Immortality, Dormition and glorious Assumption of the Most Holy Virgin Mary into Heaven in Body and Soul.

***Hymn 34.***

Por eso en tus sienes resplandece ya  
corona de Reina, Madre del Palmar.

Ave, ave, ave María,  
Ave, ave, ave María.

**Fifth Mystery:** The Coronation of Our Most Holy Mother, the Virgin Mary, as Queen and Mistress of all Creation.

***Hymn 35.***

Eres Medianera, el socorro y luz,  
único Camino para ir a Jesús.

Ave, ave, ave María,  
Ave, ave, ave María.

**Concluding prayers**

For the intentions of His Holiness Pope Peter III, to gain the indulgences granted to the Holy Penitential Rosary: One complete Our Father.

**Act of Consecration  
to the Holy Face of Our Lord Jesus Christ**

O most beloved Face of Jesus! I come here drawn by Thy sweet gaze, which like a divine magnet enraptures my heart though poor and sinful.

O Jesus! I desire to wipe Thy adorable Face, and console Thee for the insults and thoughtlessness of sinners.

O most lovely Countenance! The tears which flow from Thine eyes seem to me like precious pearls, which I desire to gather in order to purchase with them the souls of my brethren.

There comes to my ears the loving complaint which fell from Thy lips on the Cross, and knowing that the thirst which consumes Thee is that of love, I would wish to have an infinite love in order to quench it.

O beloved Jesus! If I had the love of all hearts, it would all be for Thee. Send Lord souls, above all souls of apostles and martyrs, in order to inflame in Thy love the multitude of wretched sinners.

O adorable Jesus! Whilst I await the day when I shall contemplate Thine infinite glory, my one desire is to venerate Thy Most Holy Face, to which I consecrate now and for

evermore my soul with its powers and my body with its senses.

O Jesus! Let Thy wounded Face be here below my joy and my Heaven! *A/.* Amen.

### Holy Josephine Rosary

Composed by  
Pope Saint Gregory XVII the Very Great

#### **Method of prayer**

The Holy Josephine Rosary consists of five mysteries. In each Mystery is recited 1 Our Father, 10 God hails Thee Joseph, 1 Glory be, 1 Hail Mary Most Pure, and the two invocations:

*L/.* Lord, show us Thy Face,

*A/.* And we shall be saved.

*L/.* Our Crowned Mother of Palmar,

*A/.* Be our salvation.

Norms: the 1<sup>st</sup>, 3<sup>rd</sup> and 5<sup>th</sup> Mysteries, including the invocations, are led by one person, different in each mystery, and answered by all. The 2<sup>nd</sup> and 4<sup>th</sup> Mysteries, including the invocations, are led by all and answered by one, different in each mystery.

After the invocations at the end of the mystery, the hymn given is sung.

### **God hails Thee Joseph**

*L/.* God hails Thee Joseph, full of grace, the Lord is with Thee; blessed art Thou by Thy intimate union with Jesus and Mary.

*A/.* Virgin Saint Joseph, Virginal Father of Jesus and Virginal Spouse of Mary, pray for us sinners, now and at the hour of our death. Amen.

After the Holy Penitential Rosary, the Holy Way of the Cross and the Holy Trisagion, the Holy Josephine Rosary holds preference over any other devotion.

### **Holy Josephine Rosary**

*(Signing and blessing oneself)*

By the sign ☩ of the Holy Cross, from our ☩ enemies deliver us, O Lord ☩ our God.

In the name ☩ of the Father, and of the Son, and of the Holy Ghost. Amen.

### **Act of Contrition**

My Lord Jesus Christ, true God and true Man, my Creator, Father and Redeemer, because Thou art infinitely Good and because I love Thee above all things, *(strike breast twice)* I

am sorry, O Lord, I am heartily sorry for having offended Thee. I firmly propose to amend my life, to sin no more and to avoid the occasions of sin; to confess my sins and to perform the penance imposed upon me. I offer Thee, O Lord, my life, my deeds and my works, in satisfaction for all my sins; and I beg pardon of Thee, trusting that Thou, in Thy infinite Goodness and Mercy, wilt forgive my sins through the merits of Thy Most Precious Blood, Thy Passion and Death; and also that Thou wilt grant me the grace of amendment and of perseverance in Thy holy service until the end of my life. Amen.

**First Mystery:** The Holy Family, in the stable of Bethlehem, receiving the three Holy Shepherds.

1 Our Father, 10 God hails Thee Joseph, 1 Glory, 1 Hail Mary Most Pure.

*L/.* Lord, show us Thy Face,

*A/.* And we shall be saved.

*L/.* Our Crowned Mother of Palmar,

*A/.* Be our salvation.

### **Hymn 1:**

Del Cielo las huestes  
celebran tu nombre,  
te aclaman a coro  
los fieles del orbe.

Esposo el más puro  
de más Pura Esposa,  
Padre amoroso del mismo Dios.

**Second Mystery:** The Holy Family, in the stable of Bethlehem, receiving the three Holy Wise Kings from Orient.

**Hymn 2:**

Del Eterno Padre  
fuiste su Vicario,  
Y el Niño Divino  
te fue confiado.  
Celestial designio  
te cupo en la tierra,  
Jefe y Custodio del mismo Dios.

**Third Mystery:** The Holy Family in Their flight to Egypt.

**Hymn 3:**

Tu Esposa María,  
La Reina del Cielo,  
vivió a Ti sujeta  
en este destierro.  
Tú fuiste cabeza  
del hogar divino  
donde habitaba el mismo Dios.

**Fourth Mystery:** The Holy Family in Their return to the Land of Israel.

**Hymn 4:**

De la Iglesia Santa  
Padre excelso eres,  
al que en Ti confía  
no le desatiendes.  
La muerte del justo  
corone mis días,  
fiel Abogado del pecador.

**Fifth Mystery:** The Holy Family in the house of Nazareth.

**Hymn 5:**

El Palmar proclama  
tus glorias potente,  
y bajo tu amparo  
se acoge ferviente.  
Después de María  
solícito imperas,  
Fiel Tesorero y Mediador.

For the intentions of His Holiness Pope Peter III, to gain the indulgences granted to the Holy Josephine Rosary: One complete Our Father.

### Miscellaneous Prayers

**To the Wounds of Our Lord Jesus Christ**, the three hours of His Agony, His majestic Death upon the tree of the Cross; His glorious Resurrection and Ascension into Heaven, and His real and true Presence in all the Palmarian Tabernacles throughout the world:

One complete Our Father.

*L/.* Blessed, praised and adored be Jesus in the Most Holy, Most Divine and Most August Sacrament of the Altar.

*A/.* May He be forever blessed, praised and adored.

**To the Spiritual Passion of the Most Holy Virgin Mary**, Her dreadful Agony and spiritual Death at the foot of the Cross; Her gentle Dormition and Transition into Heaven in Body and Soul, and Her real and true Presence in all the Palmarian Tabernacles throughout the world:

One complete Our Father.

*L/.* Blessed, praised and venerated be Mary in the Most Holy, Most Divine and Most August Sacrament of the Altar.

*A/.* May She be forever blessed, praised and venerated.

### Invocations in honour of Our Mother of Perpetual Succour

*A/.* In temptation and danger, Mother of Love, come to my succour.

In sickness and suffering, Mother of Love, come to my succour.



In all my needs, Mother of Love, come to my succour.

Be Thou beloved, be Thou praised, be Thou invoked, be Thou eternally blessed, Mother of Perpetual Succour, my Hope, my Love, my Mother, my Refuge and my Life. Amen.

**To the Sorrows and Tears of the Most Holy Virgin Mary  
at the foot of the Cross**

*L/.* O Mary conceived without sin,

*A/.* Pray for us who have recourse to Thee!

*L/.* Hail Mary...

*A/.* Holy Mary... (*7 times invocation and Hail Mary*)

*A/.* Blessed be Thy purity, and for all eternity be blest; for God Himself delights in such grace and loveliness. To Thee, heavenly Princess, Blessed Virgin Mary, this very day I offer my soul, life and heart; look upon me with compassion. By Thy pure Conception, do not forsake me Mother mine, neither by day nor by night, till in Thy love I die. Amen.

**Acts of Faith, Hope, Charity and Humility**

I believe in God, I hope in God, I love God, and I would wish to love Him with the same love as do the Angels and, were it possible, with the selfsame love as does His Mother, the Most Blessed Virgin Mary; and for not having loved Him I am sorry a thousand and one times over. (*strike breast*)

**Adorable Face of Our Lord Jesus Christ**, vilely outraged by our sins, grant us the strength necessary to defend Thee with our life. Engrave, Lord, the image of Thy Face upon our hearts. Amen.

### **Soul of Christ**

Soul of Christ, sanctify me.  
 Body of Christ, save me.  
 Blood of Christ, inebriate me.  
 Water from the Side of Christ, wash me.  
 Passion of Christ, strengthen me.  
 O good Jesus!, hear me.  
 Within Thy Wounds, hide me.  
 Never permit me to be separated from Thee.  
 From the wicked enemy, defend me.  
 At the hour of my death, call me.  
 And bid me come to Thee,  
 So that with Thy saints I may praise Thee.  
 Forever and ever. Amen.

### **Angelus**

*L/.* The Angel of the Lord declared unto Mary,  
*A/.* And She conceived by the action and grace of the Holy Ghost.

Hail Mary.

*L/.* Behold the handmaid of the Lord,

*A/.* Be it done unto Me according to thy word.

Hail Mary.

*L/.* And the Word was made Flesh,

*A/.* And dwelt amongst us.

Hail Mary. 3 Glory be.

*L/.* Hail Mary most pure,

*A/.* Conceived without sin.

### **Spiritual Communion**

O Jesus and Mary! I firmly believe that You are really and truly present in the Most Blessed Sacrament of the Altar. I desire to receive You sacramentally now; but as this cannot be, come at least spiritually to my heart: fill me with Your graces and inspirations so that I may live forever united to You. Amen.

### **Behold, O kind**

Behold, O kind and most sweet Jesus!, kneeling here in Thy most holy Presence I pray Thee with the greatest fervour to impress upon my heart lively sentiments of Faith, Hope and Charity, true sorrow for my sins and the firmest purpose of amendment; whilst with all the love and all the compassion of my soul, I ponder Thy five Wounds, bearing in mind that which the holy Prophet David spoke of Thee, O good Jesus: They have pierced My hands and My feet, they have numbered all My bones. Amen.

**Mary, Mother of Grace**, Mother of Pity and Mercy, in our life and in our death, protect us great Lady. Amen.

**O my Jesus**, forgive us our sins, save us from the fires of Hell, take to Heaven all the souls of Purgatory, and help especially those most in need of Thy Divine Mercy.

### **Prayer to the Divine Doctress**

Virgin Most Holy, Mother of God and our Mother, Doctress of doctors, fill me with wisdom to serve Thy Son Jesus Christ, our Saviour and Redeemer. In flame me with the Authentic Doctrine which the Palmarian Church teaches, and give me Thy strength ever to defend that Doctrine at all times. Be Thou my Mother and Doctress. As a little child I run to Thy lap to read in the most beautiful pages of Thy Heart. Thou wilt grant me the doctorate, the doctorate which will lead me to Christ. Amen.

### **Prayer to the Divine Shepherdess**

Most Holy Virgin Mary, Mother of God and Our Mother, be my Shepherdess and I shall attain salvation. I wish to be Thy sheep. Cover me with Thy Holy Mantle, protect me and give me the Grace not to go astray. Amen.

### **Prayer to the Guardian Angel**

O Angel of God, my Guardian dear,  
 To whom God's love commits me here:  
 Ever this day be at my side  
 To light and guard, to rule and guide.  
 Amen.

### **Prayer to the Most Blessed Trinity**

Most Blessed Trinity, Father, Son, and Holy Ghost, I adore Thee profoundly and I offer Thee the Most Precious Body, Blood, Soul and Divinity of Our Lord Jesus Christ present in all the Palmarian Tabernacles of the world, in reparation for the outrages by which He is offended; and through the infinite merits of His Most Sacred Heart and Divine Face, and the intercession of the Immaculate Heart of Mary, I beg Thee for the conversion of poor sinners. Amen.

### **Prayer to Saint Michael the Archangel**

Holy Michael the Archangel, defend us in the day of battle; be our safeguard against the wickedness and snares of the devil. May God rebuke him, we humbly pray; and do thou, O Prince of the Heavenly Host, by the power of God, thrust down into Hell Satan and all wicked spirits, who wander through the world for the ruin of souls. Amen.

### **Grace before meals**

One complete Our Father.

Bless us, O Lord, and bless this nourishment which Thou providest for us so that we may faithfully serve Thee, through Christ Our Lord. Amen.

### **Grace after meals**

One complete Our Father.

We give Thee thanks, O Lord, for these and all Thy benefits which we have received from Thy loving bounty; Thou, who livest and reignest forever and ever. Amen.

### **Morning Prayer**

Jesus, Mary and Joseph, with humble affection I offer You all that I am and all that I have: my eyes to gaze upon You, my voice to bless You, my life to serve You, my heart to love You. I offer You all my prayers, penances, sacrifices, actions, joys and sufferings of this day in union with the Holy Sacrifice of the Mass throughout the Universe. O Holy Family, guide me, protect me, help me and bless me. Amen.

### **Night Prayer**

My Lord Jesus Christ, I now lie down to rest. I humbly thank Thee for all the graces Thou hast given me today, and for all those Thou shalt ever give me. Keep my Guardian Angel at my bedside to watch over my soul. And if I were to die before awakening, I implore Thee to take my soul with Thee. Amen.

### **Prayer of Saint Bernard**

Remember, O most gracious Virgin Mary, that never was it known that anyone who fled to Thy protection, implored Thy help or sought Thy intercession, was left unaided. Inspired with this confidence, I fly unto Thee, O Virgin of virgins, my Mother; to Thee do I come, before Thee I stand, sinful and sorrowful: O Mother of the Word Incarnate, despise not my petitions, but in Thy mercy hear and answer me. Amen.

**May the souls of the faithful departed**, through the mercy of God, rest in peace. Amen.

**May the souls of the children of Limbo**, through Most Holy Joseph's mediation, obtain great benefits. Amen.

**Lord, I have sinned!** Have pity and mercy upon us. Blessed and praised be the Passion and Death of Our Lord Jesus Christ, and the Sorrows of His Most Holy Mother at the foot of the Cross. Amen.

### **Take, O Lord**

Take, O Lord, my entire liberty, my memory, my understanding and my whole will. All that I am and have, Thou hast given me; to Thee, Lord, I return them; all are Thine; dispose of them according to Thy Will. Give me but Thy love and grace and that suffices me, without my asking anything more. Amen.

### **Creed to the Most Sacred Heart of Jesus**

I believe in God, the Father Almighty, Creator of Heaven and earth; and in Jesus Christ His only Son, our Lord; Who was conceived by the action and grace of the Holy Ghost, born of the Virgin Mary, suffered under Pontius Pilate, was crucified, died and was buried. He descended into Hell; the third day He rose again from the dead; He ascended into Heaven, sitteth at the right hand of God, the Father Almighty; from thence He shall come to judge the living and the dead. I believe in the Holy Ghost, the Holy Catholic Apostolic and Palmarian Church, the communion of Saints, the forgiveness of sins, the resurrection of the body, and life everlasting. Amen.

*L/.* Most Sacred Heart of Jesus,

*A/.* Have mercy on us!

### **Hail Holy Queen to the Immaculate Heart of Mary**

Hail, Holy Queen, Mother of Mercy, hail our Life, our sweetness and our Hope! To Thee do we cry, poor banished children of Eve; to Thee do we send up our sighs, mourning and weeping in this vale of tears. Turn then, most gracious Advocate, Thine eyes of mercy towards us; and after this our exile, show unto us the blessed fruit of Thy womb, Jesus. O most clement, O most loving, O most sweet Virgin Mary. Pray for us, O Holy Mother of God, that we may be made



worthy of the promises and graces of Our Lord Jesus Christ.  
Amen.

*L/.* Immaculate Heart of Mary,

*A/.* Have mercy on us!